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## FOOD STUFF

*Florence Fabricant*



Josef Salis, from "Pomegranates" (Ten Speed Press)

## The Pomegranate in Story, Song and Soup

Pomegranate season is winding down, but now that bottled pomegranate juice is more available, many recipes in "Pomegranates" by Ann Kleinberg (Ten Speed Press, 2004, \$14.95) can be made any time. The book traces the history of the fruit, which originated in Persia and appears in art and literature, including the Old Testament. The pomegranate symbol-

ized wealth and fertility, and was used medicinally by the Egyptians and the Chinese. Among the recipes in the book are a vibrant borscht, above, made with pomegranate syrup; pomegranate tabbouleh; quinces poached in pomegranate juice; an assortment of drinks; and a dip made of Turkish red pepper, walnut and pomegranate syrup.